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In the organization of the EMDR Association of therapists in Bosnia and Herzegovina (UEMDRTuBiH) and Trauma Aid UK under the patronage of EMDR Association of Great Britain and Ireland, on the 3<sup>rd</sup> and 4<sup>th</sup> November, 2017 in Sarajevo, the first EMDR conference in Bosnia and Herzegovina with international participation was held. The participants at this conference were twenty five authors and co-authors with their original presentations detailing their experiences in EMDR therapy and studying EMDR therapy in Bosnia and Herzegovina. The participants came from Bosnia and Herzegovina, Great Britain, United Arab Emirates and Turkey. The Continued professional development program was held within the second day of the Conference, with three workshops that were realized by distinguished EMDR experts from Great Britain.

UEMDRTuBiH was formed in 2014, thanks to the persistent support of our friends and teachers from Great Britain, who selflessly relay their knowledge from EMDR therapy to professionals for mental health in B&H, since 2009. The organization *Humanitarian Assistance Program UK & Ireland*, today *Trauma Aid UK*, has helped to educate 130 psychotherapists in EMDR clinical practice from all parts of B&H, which entail one training program for EMDR trainers participant, seven accredited EMDR practitioners, one EMDR consultant and more of them in the process of consultant accreditation. In the process of supervision, the educants were led through the national association „EMDR Association of Great Britain and Ireland“ which has represented us at EMDR Europe due to attaining accreditations for EMDR practitioners and consultants. The Association of EMDR therapists in Bosnia and Herzegovina is a full fledged member of the European EMDR Europe association since 2015, with its representative in the Council of EMDR Europe.

Respected readers, it is my great pleasure to salute you in the name of the Organizational comitee of the First EMDR conference in Bosnia and Herzegovina. We honestly hope that this conference marks the beginning of a series of important professionl and scientific manifestations that will be held in the future and attract many domestic and foreign experts. During the two days of the conference, actual themes from the EMDR therapy domain were discussed, dilemmas and controversies that were presented by the authors in their case studies and research papers were considered. These are the first public announcements of personal experiences in the application of EMDR therapy in practice with clients in

B&H with the goal for the participants being to give them the incentive for new endeavors and achievements in everyday work for the wellbeing of clients and the B&H community as a whole.

Next to the book of abstracts in Bosnian-Croatian-Serbian and English, we published the book contained of twenty wholesome works, which were prepared on the basis of invited and agreed themes which showcase the process of EMDR education in B&H, as well as the complexity of possible areas in the application of this very efficient psychotherapy technique. We have filled the contents of this unique pioneer book that was printed as part of the conference material, using this opus. The goal is to bring our findings about the efficiency of EMDR therapy, attained in work with clients, closer to the participants and all other interested readers from the international community that were not in the ability to attend the Conference. In this *Psychiatria Danubina Supplement* we may realize the opportunity to all individuals around the World who are interested in these topics to find something interesting for themselves. The publication can serve as useful material to university professors, subspecialists, specialists and resident specialist from the areas of psychiatry, psychotherapy, clinical psychology and consulting work, as well as students of master and doctorate studies and advanced bachelor students at medical universities and universities of humanistic orientation and everyone who is interested who researches and studies human phenomenons, and especially phenomenons of human social life.

We thank the authors who agreed to make the extra effort and deliver their manuscripts on time. Language and grammatic variants of the texts weren't equalized, but were left in original form.

I believe that this Supplement of *Psychiatria Danubina* under title *EMDR in Bosnia and Herzegovina* will fulfill the goals we had as motivation; to put this papers in your hands and to open prospects of interest in mental health professionals who wish to master the secrets of psychotherapy and to include them in EMDR therapy education, to motivate other EMDR practitioners to write and publish their experiences from practice, with which they would enrich our resources for attaining and spreading new knowledges in caring for the mental health of our fellow citizens.

I am thankful to Professor Miro Jakovljević and to his collaborators in *Psychiatria Danubina*, who enabled this publication become visible.

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